

Holidays are meant for enjoyment and if this time is used for creative pursuits, it becomes learning experience. The holiday homework has been designed to be a meaningful and creative exercise. Do ensure the child is involved with your guidance.

★ STORY TIME:

Read 2 simple stories to your child; ask to recall some characters and incidents of the story by asking simple questions related to stories.

★ FATHER'S DAY (16 June 2019)

"A dad is someone who holds you when you cry, scolds you when you break the rules, shines with pride when you succeed and has faith in you fails."

Surprise your father by making fruit salad and mango shake with help of your mother.

★ BEAT THE HEAT WITH A MOVIE

Watch Jumbo movie with your family. Bring a pictures of yours with your family.

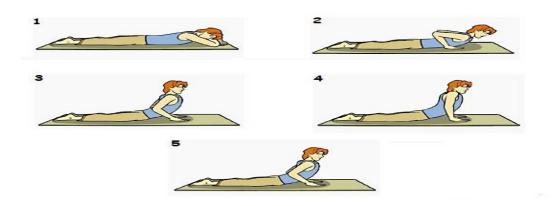
★ INTERNATIONAL YOGA DAY(21 JUNE 2019)

Let Exercise

❖ Material required –Mats

Instruction:

• **COBRA POSE:** Lie down on the yoga mat on the tummy, with hands near chest. Push upwards into a backbend. When back is arched, make a loud hissing noise like a snake.



★ **CAT POSE:** Get down on hands and knees. Reach spine towards ceiling as high as possible, so that the back is arched like a cat. Make meowing noises.



• **BUTTERFLY POSE:** Sit on the ground and join the soles of the feet and spread the knees. Hold your feet with hands and move the legs up and down like a butterfly moves her wings.



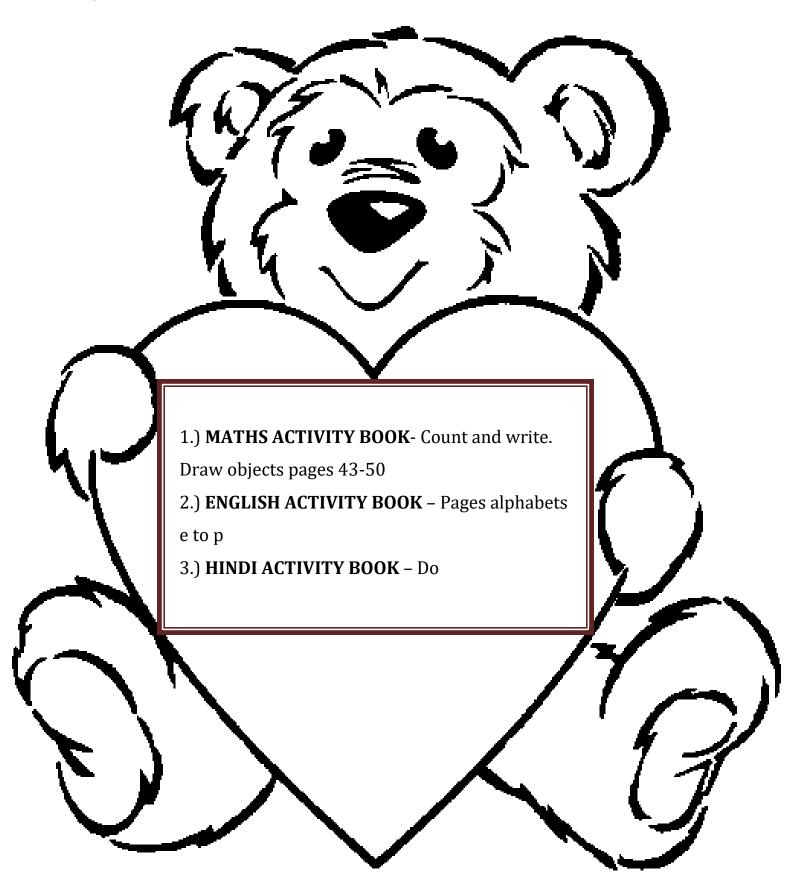
• **COW POSE**: Get on hands and knees and the push your tummy towards the floor, while chin and tailbone strive towards reaching the ceiling. Moo loudly like a cow.



★ HANDS ON CRAFT

Make a family tree on A4 size sheet. (Paste pictures of your family members).

Q.DO THE FOLLOWING TASK:



Write these 'at' words

bat
COI
fat
mat
rat
sat
bat

Write these 'ag' words



()	



.J	



raa	
٠١	





WQQ	
~	

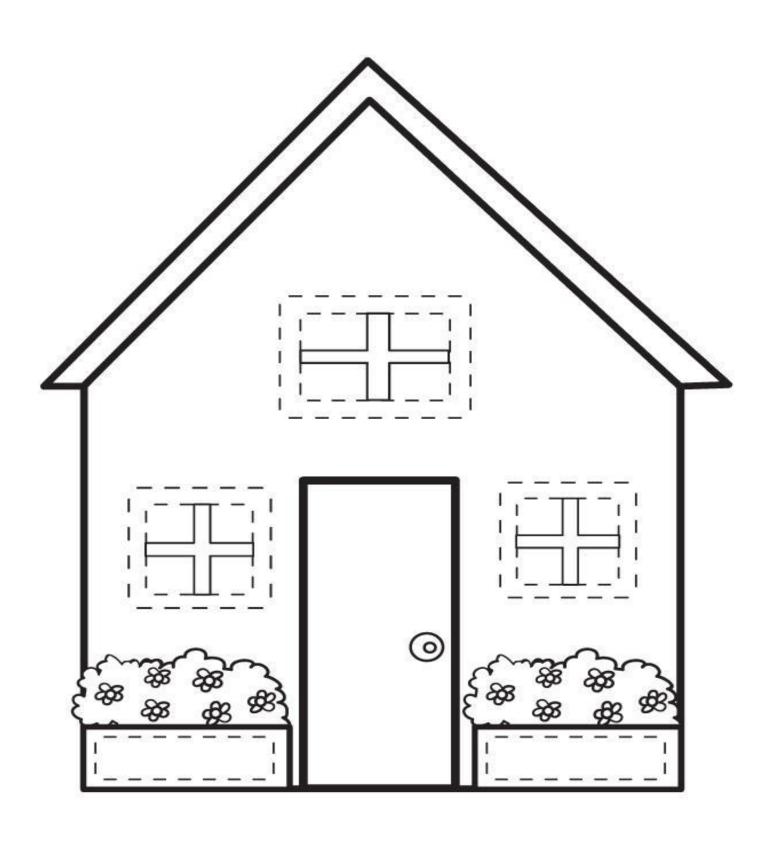


naa	
D D	

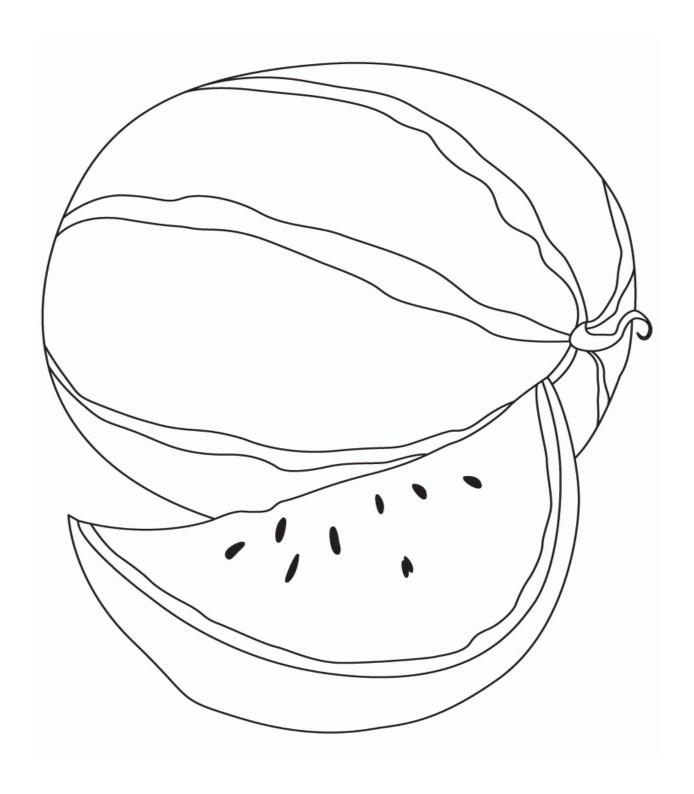
Write these 'an' words

can
fan
man
pan
ran

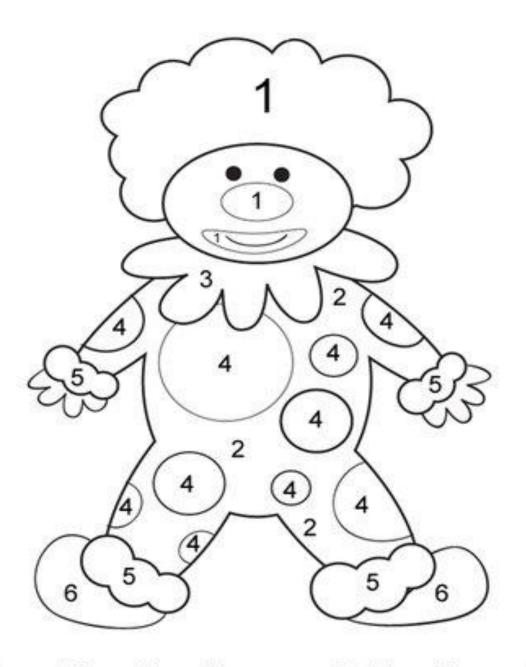
Q. Colour the house beautifully.



Q. Colour the watermelon



Color the Clown



1- red 2- yellow 3- green 4- blue 5- purple 6- black