SANT NIRANKARI PUBLIC SCHOOL
SESSION 2019-20
HOLIDAY HOME WORK
PRE SCHOOL

Holidays are meant for enjoyment and if this time is used for creative pursuits, it becomes learning experience. The holiday homework has been designed to be a meaningful and creative exercise. Do ensure the child is involved with your guidance.

★ **STORY TIME:**

Read 2 simple stories to your child; ask to recall some characters and incidents of the story by asking simple questions related to stories.

★ **FATHER'S DAY (16 June 2019)**

"A dad is someone who holds you when you cry, scolds you when you break the rules, shines with pride when you succeed and has faith in you fails."

Surprise your father by making sandwiches and lemonade with help of your mother.

★ **BEAT THE HEAT WITH A PICNIC(18 June 2019)**

Plan a picnic with your family and friends enjoy the International Picnic Day on 18 June .Bring pictures of picnic to the school.
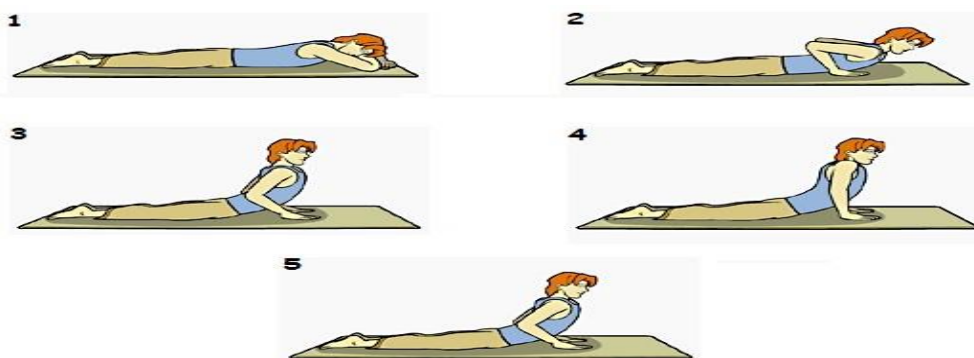
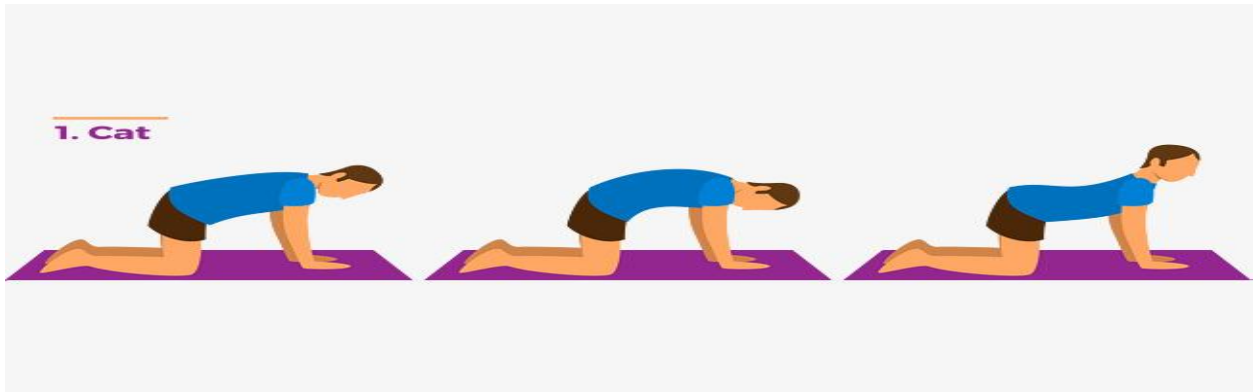★ **INTERNATIONAL YOGA DAY(21 JUNE 2019)**

 Let Exercise

❖ **Material required –Mats**

 Instruction:

- **COBRA POSE:** Lie down on the yoga mat on the tummy, with hands near chest. Push upwards into a backbend. When back is arched, make a loud hissing noise like a snake.
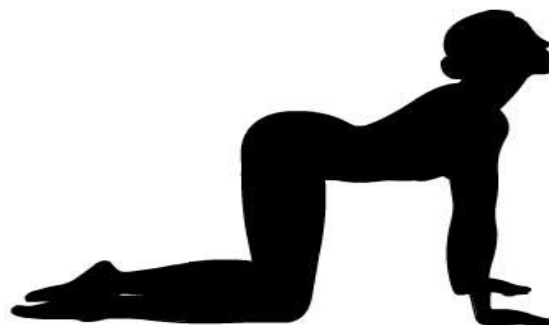
- **CAT POSE:** Get down on hands and knees. Reach spine towards ceiling as high as possible, so that the back is arched like a cat. Make meowing noises.
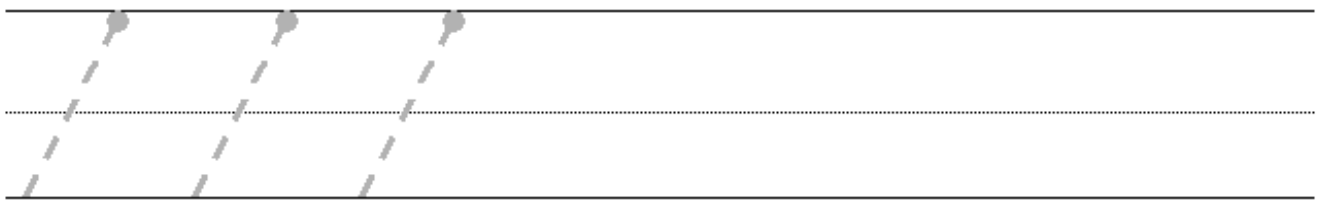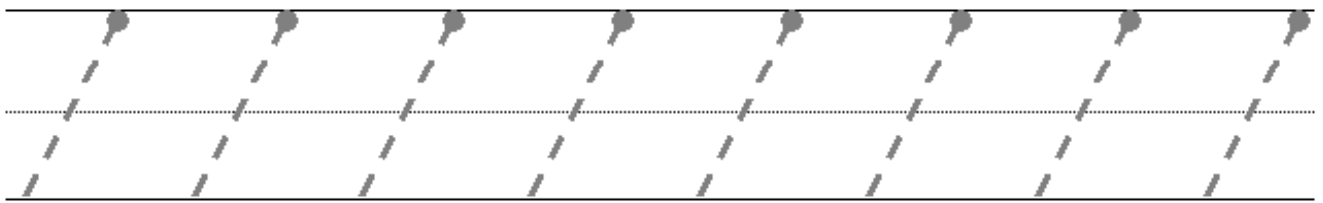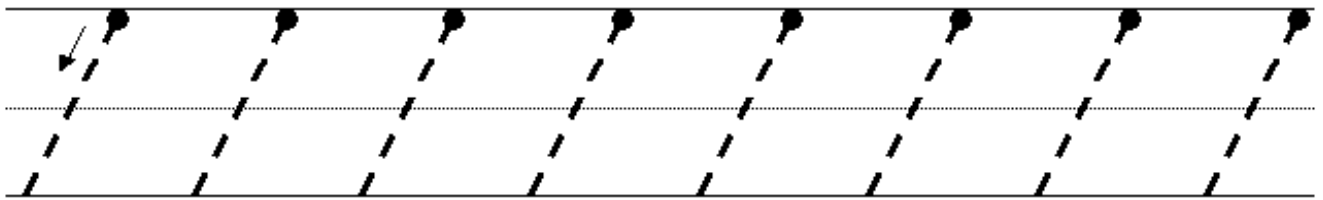

- **BUTTERFLY POSE:** Sit on the ground and join the soles of the feet and spread the knees. Hold your feet with hands and move the legs up and down like a butterfly moves her wings.
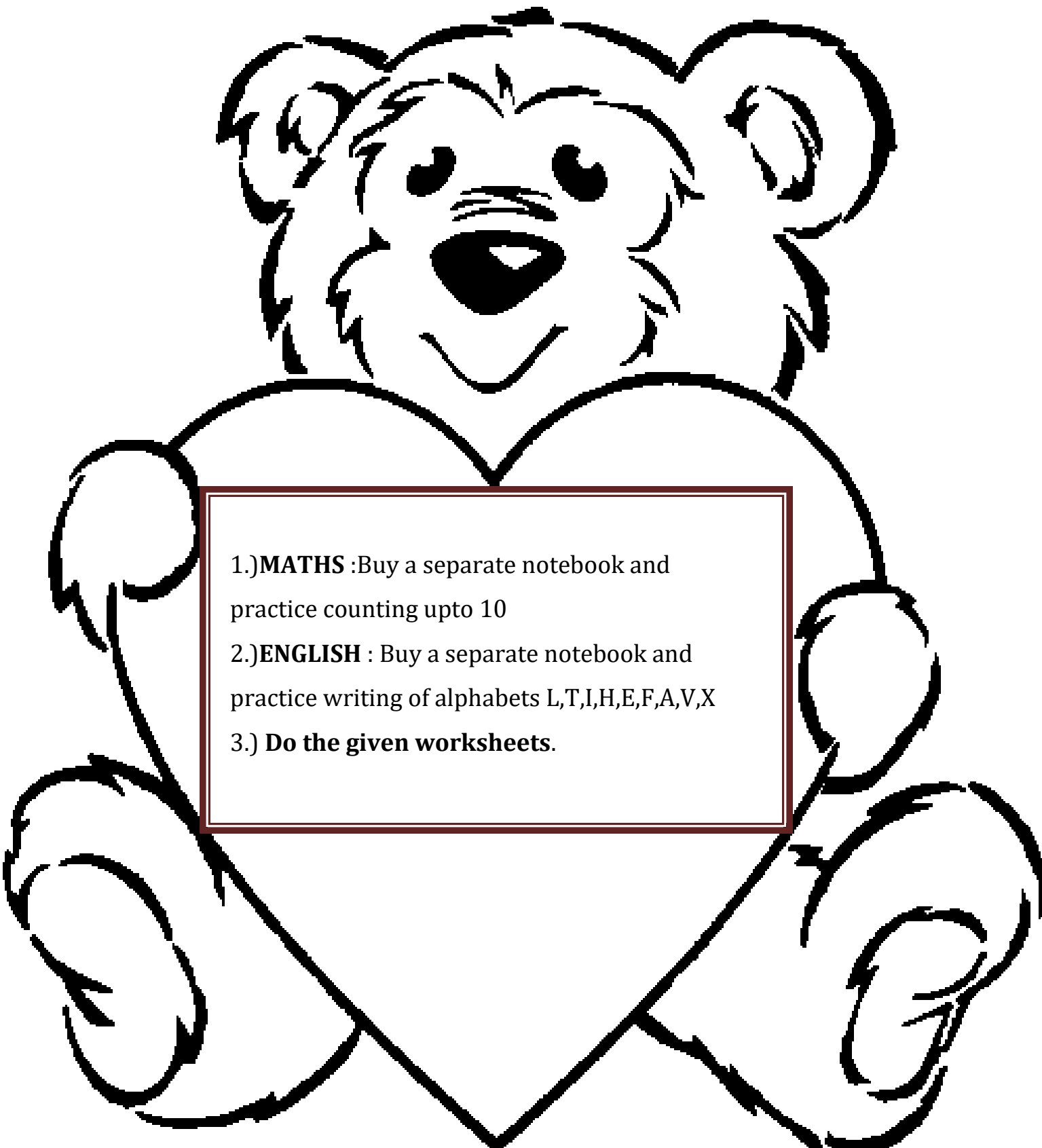

- **COW POSE:** Get on hands and knees and the push your tummy towards the floor, while chin and tailbone strive towards reaching the ceiling. Moo loudly like a cow.
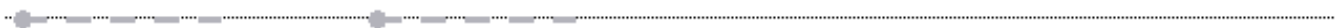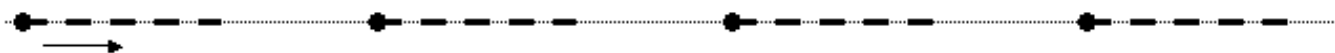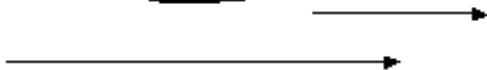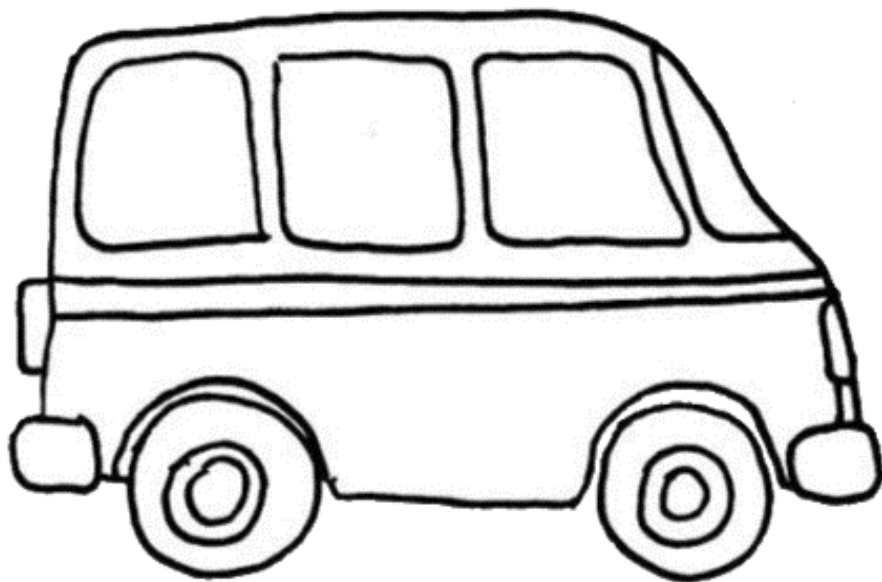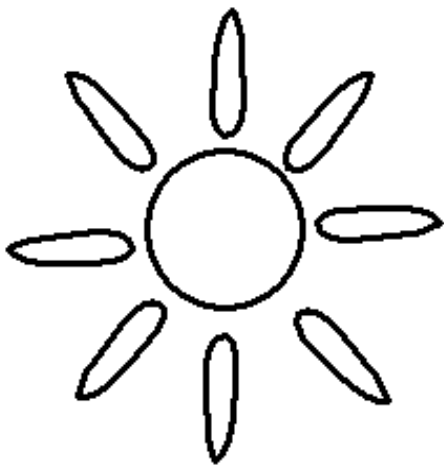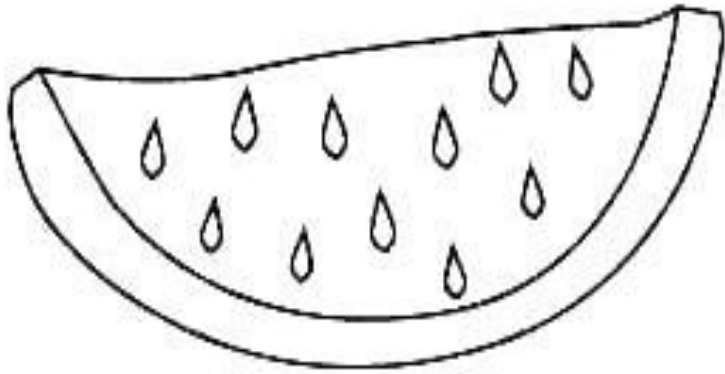
Pre-printing Practice: Trace the dotted lines from top to bottom.

Q.DO THE FOLLOWING TASK:

1.)**MATHS** :Buy a separate notebook and practice counting upto 10

2.)**ENGLISH** : Buy a separate notebook and practice writing of alphabets L,T,I,H,E,F,A,V,X
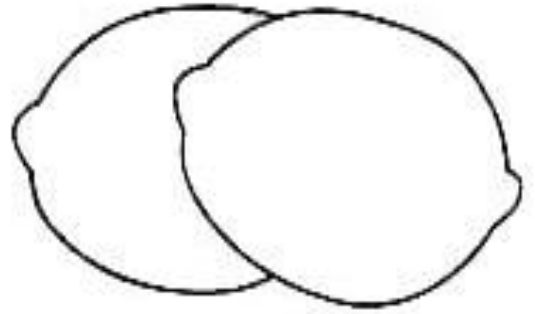
3.) **Do the given worksheets**.

Pre-printing Practice: Trace the dotted lines from left to right.
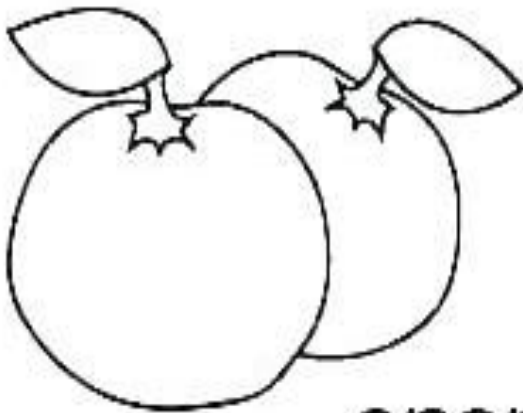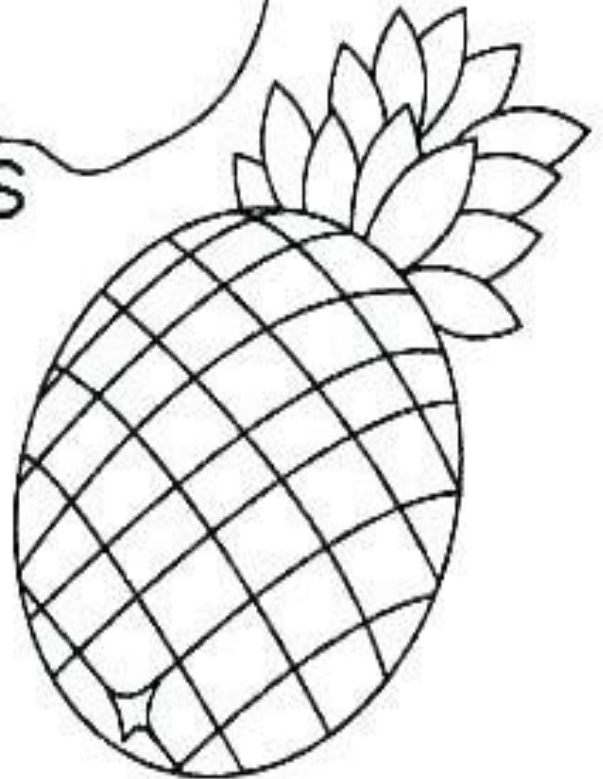
Q. Colour the fruits.

watermelon

lemons

cherries

apples

oranges

pineapple

Rubber Ducky

Name

Color Words

Directions: Help the baby color and count his rubber ducks. Color them the correct color. Then count and record how many ducks there are.
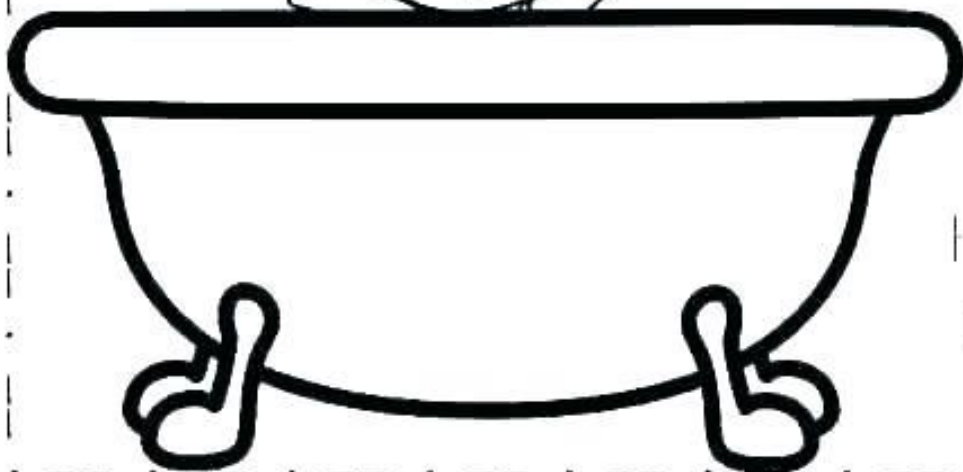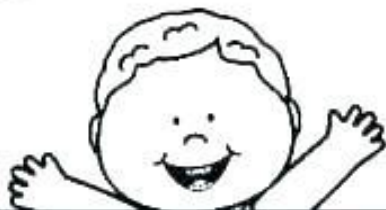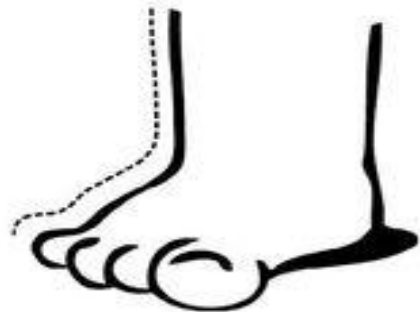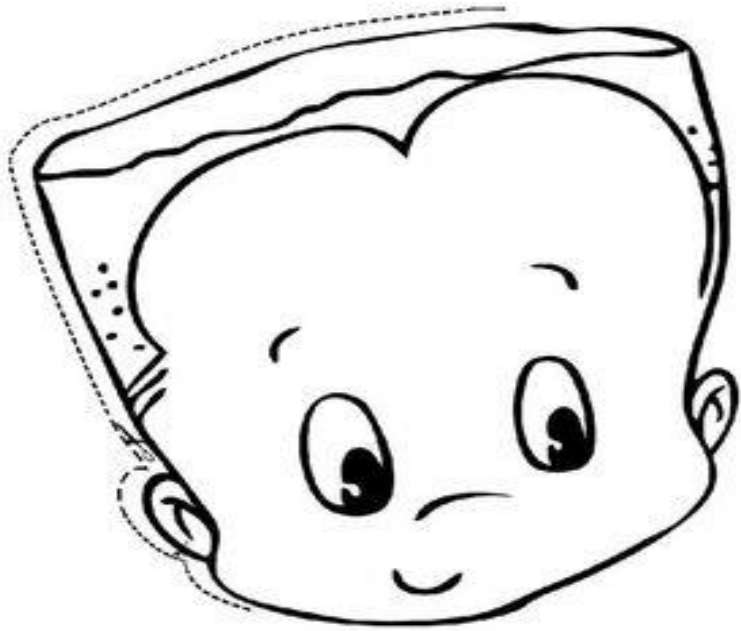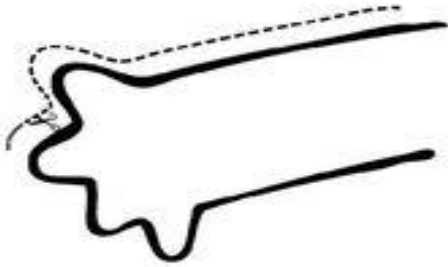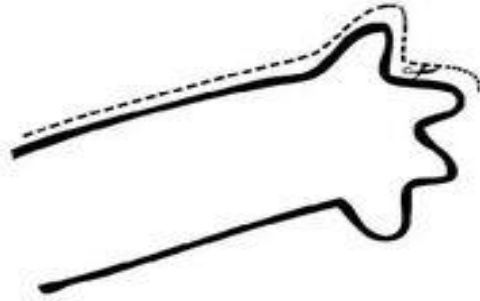
yellow

green

pink

blue

orange

purple

red

brown

How many ducks does the baby have in all?

Q. Cut and paste the body parts on a separate A4 coloured sheet

MY BODY

CUT AND GLUE THE BODY PARTS CORRECTLY.

Name_____

Use the color key to color the umbrella.

1 - red	5 - pink	9 - white
2 - green	6 - orange	10 - brown
3 - black	7 - purple	
4 - yellow	8 - blue	